

5 Week Rotation

WEEK #	Monday	Tuesday	Wednesday	Thursday	Friday
1	Fish Fillet Brown Rice Peas & Carrots Chilled Peaches	Penne Pasta w/ Meatballs & Marinara Sauce Corn Niblets Chilled Pears Bread	Fried Rice Chinese Chicken Salad Apple Wedges Bread	Turkey Corn Scallop Brown Rice Mixed Vegetables Banana	Chicken Noodle Soup Cheese Bread Carrots w/ Honey Mustard Dressing Fruit Cocktail
2	Glazed Ham Brown Rice Braised Spinach Chilled Peaches	Chicken Adobo Brown Rice Corn Niblets Chilled Pears	Macaroni & Cheese w/ Ham Tossed Salad Fruit Cocktail Bread	Chili Bowl Brown Rice Cucumber w/ Dip Pineapple Tidbits	Tuna Sandwich Broccoli w/ Ranch Dressing Baked Sliced Apples
3	Sloppy Joe on Bun Zucchini Saute Orange	Spaghetti Tossed Salad Chilled Peaches Bread	Turkey Delight w/Gravy Potato Puffs Peas & Corn Fruit Cocktail Bread	Baked Furikake Fish Brown Rice Honeydew Melon Cucumber Namasu	Chicken Minestrone Soup Cheese Bread Celery & Carrot w/Dip Chilled Pears
4	Teriyaki Chicken Brown Rice Green Beans Pineapple	Cheese Pizza Caesar Salad Mandarin Orange	Baked Macaroni Steamed Broccoli Banana Bread	Beef Stew Brown Rice Tossed Salad Chilled Peaches	Ham & Cheese Sandwich Cucumber w/Dip Fruit Salad
5	BBQ Beef on Bun Oven Fries Orange Wedges	Chicken Long Rice Brown Rice Green Beans Pineapple Tidbits	Whole Wheat Nacho Taco Tossed Salad w/ Salsa Tomato Fruit Cocktail	Kalua Pig & Cabbage Brown Rice Peas & Corn Applesauce	Chicken Corn Chowder Cheese Bread Celery Sticks w/Ranch Dressing Apple Wedges