

5 Week Rotation

WEEK #	Monday	Tuesday	Wednesday	Thursday	Friday
1	Fish Fillet Brown Rice Peas & Carrots Chilled Peaches	Penne Pasta w/ Meatballs & Marinara Sauce Corn Niblets Chilled Pears Bread	Curried Rice with Fajita Chicken Tossed Salad Apple Wedges Bread	Turkey Corn Scallop Brown Rice Mixed Vegetables Banana	Chicken Noodle Soup Cheese Bread Carrots w/ Honey Mustard Dressing Fruit Cocktail
2	Glazed Ham Brown Rice Braised Spinach Chilled Peaches	Chicken Adobo Brown Rice Corn Niblets Chilled Pears	Macaroni & Cheese w/ Ham Tossed Salad Fruit Salad Bread	Chili Bowl Brown Rice Cucumber w/ Dip Pineapple Tidbits	Tuna Sandwich Broccoli w/ Ranch Dressing Baked Sliced Apples
3	Sloppy Joe on Bun Zucchini Saute Orange	Spaghetti Tossed Salad Chilled Peaches Bread	Turkey Delight w/ Gravy Potato Puffs Peas & Corn Fruit Cocktail Bread	Fried Rice Chinese Chicken Salad Honeydew Melon Bread	Vegetable Noodle Soup Ham & Cheese Sandwich Celery & Carrot w/ dip Chilled Pears
4	Teriyaki Chicken Brown Rice Green Beans Pineapple	Baked Macaroni Steamed Broccoli Mandarin Orange Bread	Cheese Pizza Caesar Salad Banana	Beef Stew Brown Rice Tossed Salad Chilled Peaches	Baked Furikake Fish Brown Rice Cucumber Namasu Fruit Salad
5	BBQ Beef on Bun Oven Fries Orange Wedges	Chicken Long Rice Brown Rice Green Beans Pineapple Tidbits	Whole Wheat Nacho Taco Tossed Salad w/ Salsa Tomato Fruit Cocktail	Kalua Pig & Cabbage Brown Rice Peas & Corn Applesauce	Chicken Corn Chowder Cheese Bread Celery Sticks w/ Ranch Dressing Apple Wedges